- 1. An electro-active device comprising a plurality of flex circuits, each having a sheet of film and an electrode on at least one surface of the film, said plurality including at least first and second flex circuits, means forming a recess between said first and second flex circuits, and an electro-active element in said recess bonded to the flex circuits being mechanically and electrically coupled thereto.
- 2. An electro-active device according to claim 1, constituting a card wherein said element is bonded within the card by a thin layer of curable material.
- 3. An electro-active device according to claim 2, wherein the curable material is a structural polymer.
- 4. An electro-active device according to claim 1, wherein the electro-active element is a piezoelectric plate having a thickness under approximately one millimeter.
- 5. An electro-active device according to claim 4, wherein the piezoelectric plate has a thickness, and first and second cross dimensions, each cross dimension being greater than about ten times the thickness.
- 6. An electro-active device according to claim 1, wherein the electrodes have an electrode pattern, and said element is bonded to the flex circuit by a planarizing layer of curable material having a pattern complementary to the electrode pattern.
- 7. An electro-active device according to claim 4, wherein the electro-active element has a surface plane, and electrodes of said first and second flex circuits are patterned for applying an electric, field which varies in said plane.

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- 8. An electro-active device according to claim 4, wherein the electro-active element has a surface plane, and electrodes of said first and second flex circuits apply an electric field which varies in a direction normal to said plane.
- 9. An electro-active device according to claim 1, wherein the electrodes have a comb pattern.
- 10. An electro-active device according to claim 1, comprising two different electro-active elements in two different respective recesses and oriented to produce torsional actuation.
- 11. An electro-active device according to claim 1, further comprising a circuit element within the device.
- 12. An electro-active device according to claim 11, wherein the circuit element includes at least one of a shunt, a filter, an impedance matcher, a storage element, a power source, an amplifier, and a switch.
- 13. An electro-active device according to claim 11; wherein the circuit element includes a controller.
- 14. An electro-active device according to claim 1, wherein first and second electro-active elements are connected in different layers of the assembly for moving in different senses.
- 15. An electro-active device according to claim 1, constituting a device selected from among vanes, airfoils, shakers, steppers, stirrers and sonicators.

- 16. An electro-active device according to claim 1, having a thickness less than twice a combined thickness of electro-active elements stacked in the device.
- 17. An electro-active device according to claim 1, wherein the element is selected from among a stack, flexure, shell, plate and bender.
- 18. An electro-active device according to claim 1, configured as one of a pusher, vane, flap, lever, bender, bellows and combination thereof.
 - 19. An actuator comprising a flex circuit having conductors, and a sheet strain element

wherein the flex dircuit is assembled with at least some of its conductors in electrical contact with the sheet strain element and is bonded together therewith by a structural polymer into a flat card having an output face with a substantially shear-free mechanical coupling to the flat strain element.

- 20. A method of perturbing a device, such method comprising the steps of
 - (i) cementing a card in contact with a region of the device, the card enclosing a sheet of electro-active ceramic material with actuation electrodes, and
 - (ii) applying an electrical signal to the actuation electrodes to create strain energy in the electro-active ceramic material, whereby the strain energy from the electro-active ceramic material is coupled across a face of the card into said region to perturb the device.

21. A method of forming an actuator, such method comprising the steps of

forming a flex circuit having conductors arranged in a pattern

bonding an electro-active ceramic sheet in contact with at least some of said conductors, and

assembling the flex circuit and the electro-active ceramic sheet with a stiff structural polymer so as to constitute a card such that the sheet has a non-shear coupling to an outer face of the card and is electrically coupled over a region to electrodes of said flex circuit.

- 22. The method of claim 21, wherein the step of assembling includes assembling circuit elements in said card.
- 23. A method of forming an electro-active device, such method comprising the step of:

preparing first and second flex circuits with first and second electrodes and a recess therebetween, and

bonding at least one electro-active element in the recess in mechanical and electrical contact with said flex circuits over its surface area to form a unitary electro-active structure.

- 24. The method of claim 23, further comprising the step of attaching circuit elements on said firstland second flex circuits.
- 25. The method of claim 23, wherein the step of bonding includes bonding plural pairs of electro-active elements.
- 26. The method of claim 23, wherein said flex circuits are pliable in a region away from said recess.
- 27. The method of claim 23, wherein the step of preparing includes preparing at least three flex circuits.

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29. The method of claim 23, wherein the step of bonding is performed with a patterned layer of bonding material co-planar with at least some of said electrodes.

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30. The method of claim 23, wherein the step of bonding hardens the flex circuits and bonded electro-active element into a card.

31. The method of claim 23, wherein the device constitutes a simple mechanical device selected from among pushers, varies, flaps, levers, benders, bellows and combinations thereof.